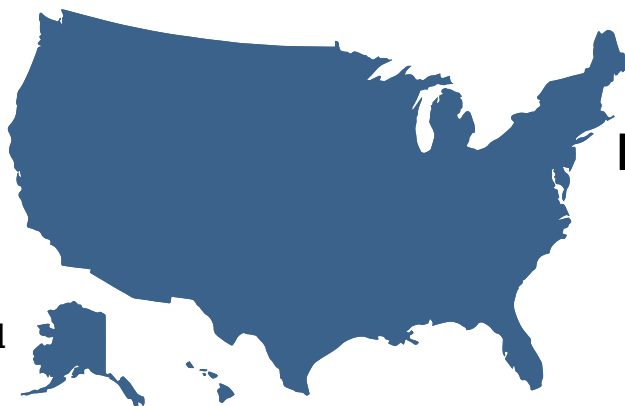


Help Loved Ones Get Screened For Prostate Cancer

1 IN 9¹
Men will be diagnosed with prostate cancer

in 2020, it is estimated that 191,930 will be diagnosed with prostate cancer.
(US)



1 IN 41¹
Men will die from prostate cancer

in 2020, it is estimated that 33,330 will die from prostate cancer.
(US)

MOST COMMON FACTS²

- African-American men are more likely than other races to develop prostate cancer
- The chance of having prostate cancer rises quickly after age 50
- A family history of prostate cancer may increase your risk



MOST COMMON SCREENINGS²

- Blood Test (PSA test)
- Digital rectal exam (DRE)
- An imaging test of the prostate gland (MRI)
- Prostate biopsy

SUGGESTIONS TO MOTIVATE LOVED ONES⁴

- Help change his focus from manhood to “living longer”
- Go with him to doctor visits to help get the facts
- Listen and support him by having open conversations
- Help make his appointments for test or care
- Share the facts about prostate cancer



PROSTATE CANCER SYMPTOMS³

- Problems urinating or the need to urinate more often
- Blood in the urine or semen
- Trouble getting an erection
- Pain in the hips, back, chest, or other areas
- Weakness or numbness in the legs or feet
- Loss of bladder or bowel control

Sources:

1. <http://www.cancer.org/cancer/prostate-cancer/about/key-statistics.html>
2. <http://www.cancer.org/cancer/prostate-cancer/detection-diagnosis-staging/tests.html>
3. <http://www.cancer.org/cancer/prostate-cancer/detection-diagnosis-staging/signs-symptoms.html>
4. <https://journals.sagepub.com/doi/10.1177/1557988317742257>